A Low-Power DCO Using Interlaced Hysteresis Delay Cells

Chien-Ying Yu, *Student Member, IEEE*, Ching-Che Chung, *Member, IEEE*, Chia-Jung Yu, and Chen-Yi Lee, *Member, IEEE*

Abstract—This brief presents a low-power small-area digitally controlled oscillator (DCO). The coarse–fine architecture with binary-weighted delay stages is applied for the delay range and resolution optimization. The coarse-tuning stage of the DCO uses the interlaced hysteresis delay cell, which is power and area efficient, as compared with conventional delay cells. The glitch protection synchronous circuit makes the DCO easily controllable without generating glitches. A demonstrative all-digital phase-locked loop using the DCO is fabricated in a 90-nm CMOS process with an active area of 0.0086 mm². The measured output frequency range is 180–530 MHz at the supply of 1 V. The power consumption are 466 and 357 μ W at 480- and 200-MHz output, respectively.

Index Terms—All-digital phase-locked loop (ADPLL), digitally controlled oscillator (DCO), interlaced hysteresis delay cell (IHDC), low power.

I. INTRODUCTION

A LL-DIGITAL phase-locked loops (ADPLLs) have been widely used in integrated circuits for clock generation [1]–[3]. The basic architecture of the ADPLL is composed of a digitally controlled oscillator (DCO), a frequency divider (DIV), a phase frequency detector (PFD), and a controller (CTRL), as shown in Fig. 1. Benefiting from the digital implementation, the functional blocks are easily manipulated with well-defined digital values. As process technology scales down, the delay timing, area, and power consumption of the functional blocks are substantially reduced. Therefore, the ADPLL acquires overall performance improvements in a nanometer CMOS technology [4].

The DCO, which dominates the ADPLL performance, tends to generate high-frequency output with fine-resolution delay units as process technology scales down. However, in applications operating at a middle-to-low or wide frequency range, the total delay time of the delay units in the DCO may not cover a large period. A straightforward approach of extending the

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C.-Y. Yu, C.-J. Yu, and C.-Y. Lee are with the Department of Electronics Engineering and the Institute of Electronics, National Chiao Tung University, Hsinchu 300, Taiwan (e-mail: cyyu@si2lab.org; cylee@si2lab.org).

C.-C. Chung is with the Department of Computer Science and Information Engineering, National Chung Cheng University, Chia-Yi 621, Taiwan (e-mail: wildwolf@cs.ccu.edu.tw).

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Fig. 1. Block diagram of an ADPLL.

period is to add more delay units, which results in significant area and leakage current. An alternative approach of dividing the frequency output from the high-frequency source is area efficient but restricted in the adjustable resolution. Accordingly, the coarse–fine DCO architectures are commonly adopted to satisfy the frequency range and resolution requirements [1], [5]–[9].

With the coarse–fine DCO architecture, large coarse-tuning delay units can effectively extend the period range. The cascaded hysteresis delay cells (CHDC) [8] are proposed for a huge delay of the single coarse-tuning unit with extremely low power consumption in a small area. Compared with conventional buffer [1], [6] or logic gate [5], [7], [9] approaches, the power and area are greatly reduced in the coarse-tuning stage. However, the process, voltage, and temperature (PVT) variations of the CHDC delay is high due to some weak driven internal nodes. The fine-tuning stage must cover a wider range to ensure a continuous period change and hence consumes more power and area.

In this brief, a DCO using the interlaced hysteresis delay cells (IHDCs) is proposed to achieve a large delay and low power in a small area. The IHDC interlaces the signal transitions in two series of cascaded transistors. It prevents the short-circuit current and saves the leakage current in the shared current path. All the internal nodes are rail-to-rail driven to avoid high PVT variations. Also, the glitch protection circuit using a control code resampling synchronous cells is applied for better control of the DCO. This DCO is implemented with a simple demonstrative ADPLL, which generates the output clock from 180 to 530 MHz. Consequently, the total power consumption of less than 500 μ W and the 0.0086-mm² area verify its power and area efficiency. The rest of this brief is organized as follows: The architecture of the DCO and the proposed IHDCs are introduced in Section II. Section III shows the experimental results of the test chip and comparisons. Finally, Section IV concludes this brief.

II. PROPOSED DCO AND IHDCS

A. Architecture of the Proposed DCO

Fig. 2 shows the block diagram of the proposed DCO. The DCO applies the coarse–fine architecture with the 11-bit period



Fig. 2. Architecture of the proposed DCO.

control code. It is divided into four tuning stages according to the step resolution and tuning structures, namely, two coarseand two fine-tuning stages.

The coarse-tuning stages are arranged as delay-selective paths, and each bit of the six segments, i.e., C[10]–C[5], decides which path is taken. The first coarse-tuning stage is composed of three segments. The main delay units in the segments are implemented using IHDC delay cells of different levels (IHDC-LV4, IHDC-LV3, and IHDC-LV2), which cover most of the operating period range. The IHDC can provide a larger delay with lower power consumption and smaller area occupation, as compared with conventional delay cells. The detailed cell architecture will be explained in the next discussion. The second coarse-tuning stage selects the path from zero delay to seven AND gates delay by the combinations of four, two, and one AND gates.

The fine-tuning stages are mainly composed of digitally controlled varactors (DCVs) and attached on the delay path of the coarse-tuning stages. For a fine-tuning code selection, the equivalent load on the delay path can be slightly changed and delay the clock signal transition in a picosecond resolution. The binary-weighted delay is designed for all the bits so that the period control code can be directly applied to the path selection and the DCV without a decoder. In addition, the unselected delay paths are gated by the AND gates to save power consumption. The glitch protection circuit is designed to update the coarse-tuning code synchronously to the DCO clock signal. The clock signal passes each segment before updating the input code. Thus, the temporal instable signals in the segments are eliminated.

B. IHDC

Fig. 3(a) shows the IHDC-LV2 circuit configuration. Two series of cascaded pMOS and nMOS, i.e., M1–M8, are the main delay elements. M9–M12 are for some floating-node charges/discharges. The nodes with the same name, e.g., a, b, c, d, and e, are connected without drawing the lines. The operating timing diagram is illustrated in Fig. 3(b). Assuming IN is initially high and goes low, M1 is then turned on, and agoes high. M8 is subsequently turned on, which is followed by b going low. After that, M2 is turned on, which is followed by c going high. c turns on M7 and discharges OUT to ground. In summary, the falling transition of the IN signal propagates through M1, M8, M2, and M7 to OUT. Similarly, the rising transition of the IN signal propagates through M4, M5, M3,



Fig. 3. (a) IHDC-LV2. (b) Timing diagram of the internal nodes of the IHDC-LV2.

and M6 to *OUT*. The delay path is interlaced between these two series of cascaded transistors. Although the other four transistors, i.e., M9–M12, do not contribute the delay time, those transistors connect the temporal floating nodes to a stable state. When *IN* goes from high to low, M4 is immediately turned off. Meanwhile, a weak low voltage will be sustained in node e. With the connection of M9, e will be subsequently charged to high. Similarly, M10, M11, and M12 keep the nodes a, b, and d to a stable state, respectively.

During the signal transition in this structure, the short-circuit path does not exist since pMOS and nMOS are turned on and off one by one in different paths. In particular, the short-circuit current dominates the power consumption in the inverter-based delay cells with the input signal of a long transition time. Therefore, the total power is largely reduced, as compared with



Fig. 4. (a) IHDC-LV3. (b) IHDC-LV4.

conventional delay cells. In addition, only two current paths are connected between the supply and the ground. The charge is shared by the transistors on the same path. Therefore, the leakage charge is saved by the amount that is proportional to the number of the transistors cascaded in the path. With this kind of interlaced signal pass, the transistor number in a path can be extended to enable more shared charges and a larger delay. Fig. 4(a) and (b) shows the IHDC-LV3 and the IHDC-LV4, respectively.

C. Comparisons of Delay Cells

Table I lists the simulation comparisons of different delay cells in a 90-nm CMOS process. The delay cells are connected into ring oscillators whose frequency is aligned to 100 MHz by adjusting the number of delay cells. The transistor sizes and the pMOS/nMOS ratio adopted for the delay cells are the same as a balanced unit inverter. By transistor-level spice simulation, conventional delay cells like inverters (INV) [1] and AND [9] gates consume about 90- to $80-\mu$ W power. The occupied area can be viewed as the transistor counts, which are more than 800. The CHDC [8] saves 84% and 70% of the power and area, respectively, as compared with the INV gate. However,

TABLE I Delay Cell Comparisons

	Period	Power	Delay Cell	Transistor	PVT	Phase Noise	
	1 errou		Number	Count	Variation*	@1MHz Offset	
INV[1]	9.96ns	93.8µW	402	804	1.14	-102dBc/Hz	
AND[9]	10.12ns	82.5µW	161	966	1.21	-103dBc/Hz	
CHDC[8]	9.97ns	15.3µW	2	244	2.27	-46dBc/Hz	
IHDC-LV2	10.08ns	82.6µW	41	492	1.22	-83dBc/Hz	
IHDC-LV3	9.95ns	66.4µW	18	360	1.26	-71dBc/Hz	
IHDC-LV4	9.69ns	55.6µW	10	280	1.28	-70dBc/Hz	
*PVT Variation = (Period _{SS.0.9V,125°C} - Period _{FF,1.1V} -40°C) / Period _{TT,1.0V,25°C}							
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Fig. 5. (a) Simulated DCO output period versus control code. (b) Simulated DCO power versus control code.

the PVT variations are twice of the standard logic cells due to some weak driven internal nodes. The delay variation must be covered by applying more delay cells, and the fine-tuning stage must cover a wider range. As a result, the total power and area increase instead. On the other hand, the power savings of the proposed IHDC-LV2, IHDC-LV3, and IHDC-LV4 are 12%, 29%, and 41%, respectively. All the internal nodes of the IHDC are strongly driven so that noise and delay variations due to PVT effects can be reduced. The transistor count of the IHDC-LV4 is closed to the CHDC but with better phase noise performance and smaller PVT variations of the delay. Numerous INV or AND gates can be directly replaced by the IHDC for power and area reduction.

III. IMPLEMENTATION AND EXPERIMENTAL RESULTS

The DCO is implemented in the application of the middle-tolow-frequency ADPLL. Fig. 5(a) and (b) shows the simulation results of the DCO output period versus control code and the DCO power versus control code, respectively. The first coarsetuning stage applying the IHDC greatly expands a 3.5-ns period range with only 3 bits in the typical corner. The zoomed-in part shows good linearity in the second coarse-tuning stage and fine-tuning stages. However, the delay step of the three most significant bits is smaller, and the DCO has a discontinuity



Fig. 6. Chip photomicrograph and layout.

TABLE II Measured Delay Range and Step Resolution of the Tuning Stages

	First Coarse- Tuning	Second Coarse-Tuning	First Fine- Tuning	Second Fine- Tuning
Delay Range	1.88ns~5.54ns	650ps	64.1ps	24.5ps
Step Resolution	523ps	92.9ps	21.4ps	3.5ps

between the codes of $2^k - 1$ and 2^k . It can be fixed with a larger delay step in the first coarse-tuning stage. In this ADPLL controller, some discontinuous codes of the DCO are skipped to prevent from operation failure and increasing jitter. The operation of the ADPLL is explained as follows: First, the frequency acquisition is executed by binary search, which corresponds to the binary-weighted segments of the DCO. Three reference clock cycles are used for one-bit decision. The frequency lock-in time is, therefore, 33 reference clock cycles. When adjusting the fine-tuning code in the frequency acquisition, the phase acquisition is also performed. After that, phase maintaining is automatically updated according to the PFD status. The digital pulse-amplified PFD in [1] is applied in the ADPLL.

The demonstrative ADPLL is fabricated in a 90-nm CMOS technology. Fig. 6 shows the photomicrograph and the layout of the test chip. The ADPLL occupies $115 \ \mu m \times 75 \ \mu m$. The chip core is supplied by 1 V, and the input/output (I/O) pad is supplied by 2.5 V. The supported output frequency range is from 180 to 530 MHz. The measured delay range and the step resolution for the tuning stages are listed in Table II. The clock output is measured using the LeCroy SDA 4000A oscilloscope. The 480-MHz output waveform and period histogram generated from a 12-MHz reference input are shown in Fig. 7(a). The root-mean-square (RMS) and peak-to-peak (p-p) period jitter are 19 and 136 ps, respectively. Fig. 7(b) shows the measured waveform of the free-run DCO output. The RMS and p-p period jitter are 11 and 66 ps, respectively. The jitter is mainly caused by two simplified design issues. The first design issue is the simplified controller, which updates the control code in every reference cycle and propagates the input jitter. The second is the shared I/O power ring, which couples the high-frequency signal of the output clock to the reference input clock. Those issues can be suppressed by adding a digital low-pass filter and separating the I/O power in future designs. The power consumption of the ADPLL are 466 and 357 μ W at the output frequencies of 480 and 200 MHz, respectively. According to simulations, the power consumption of the DCO is 40.8% of the ADPLL at the 480-MHz output. When the lower frequency, i.e., 200 MHz, is set, the DCO power is reduced to 29.4% of the ADPLL.





Fig. 7. (a) Measured waveform and period histogram of the ADPLL output at 480 MHz. (b) Measured waveform and period histogram of the free-run DCO output at 480 MHz.

A comparison among several designs of similar frequency ranges is shown in Table III. The CHDC-based DCO [8] is the most power efficient, but only the dynamic power information is available. It is not fully ADPLL functioned. The analog PLL [13] can achieve good power efficiency by the voltage scaling and bulk-driven techniques. This work has the least power consumption, the finest least significant bit resolution of the DCO, and the least area occupation among the state-of-the-art PLLs. The microwatt power consumption is achieved at the nominal supply. Based on a normalized comparison, this work has the best power efficiency, which is no more than 1.785 μ W/MHz. The frequency range can be easily extended by adding more IHDC stages or increasing the level of the IHDC as applications demand. The power efficiency will be also further improved.

IV. CONCLUSION

A low-power and area-efficient DCO has been presented in this brief. The proposed IHDC is applied to replace the conventional delay cells for power and area reduction. The binaryweighted stages with the coarse–fine architecture are designed

	This work	TVLSI'11 [6]	JSSC'11 [7]	JSSC'10 [10]	JSSC'10 [11]	TCAS-II'10[12]	TCAS-II'09[13]	TCAS-II'10[8]
Design	all-digital PLL	all-digital PLL	all-digital PLL	digital PLL	all-digital PLL	all-digital PLL	analog PLL	digitally- controlled osc.
Technology	90nm CMOS	0.18µm CMOS	65nm CMOS	65nm CMOS	0.13µm CMOS	0.18µm CMOS	0.13µm CMOS	90nm CMOS
Supply	1.0 V	1.8 V	1.0 V	1.2 V	1.2 V	1.8 V	0.5 V	1.0 V
Area	0.0086 mm ²	0.14 mm ²	0.07 mm ²	0.027 mm ²	0.09 mm ²	0.075 mm ²	0.04 mm ²	0.0064 mm ²
Frequency	180~530 MHz	62~616 MHz	90~527 MHz	600~800 MHz	47~510 MHz	28~446 MHz	360~610 MHz	3.4~163.2 MHz
Power	466 μW @480 MHz 357 μW @200 MHz	26.7 mW@600 MHz	0.85 mW @193 MHz 1.81 mW @520 MHz	3.2 mW @800 MHz	7.2 mW @N.A.	14.5 mW @446 MHz	1.25 mW @550 MHz	5.4 μW* @3.4 MHz 166 μW* @163.2 MHz
Power Efficiency	1.785 µW/MHz	44.5 µW/MHz	4.4 μW/MHz	4 μW/MHz	N.A.	32.5 µW/MHz	2.27 μW/MHz	1.59 μW/MHz*
LSB Resolution	3.5 ps	4.6 ps	16.2 ps	N.A.	50 ps	8.8 ps	N.A.	2.05 ps
RMS Period Jitter (% of Period)	20.7 ps @480 MHz (0.99 %) 47.7 ps @200 MHz (0.95 %)	7.28 ps @600 MHz (0.43 %)	8.64 ps @527 MHz (0.45 %) 78 ps @90 MHz (0.7 %)	22 ps @400 MHz (0.88 %)	39 ps @191 MHz (0.74 %)	9.37 ps @446 MHz (0.42 %)	8.01 ps @550 MHz (0.44 %)	49.3 ps @5 MHz (0.02 %)

TABLE III Performance Comparison

* dynamic power only

with the glitch protection synchronous cells. The demonstrative ADPLL is implemented in a 90-nm CMOS technology. The measurement results of the test chip show that the power consumption are 466 and 357 μ W at the output frequencies of 480 and 200 MHz, respectively. This implies that our proposal looks very promising for the system-level integration with low-power features.

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